# LUNCH MENU

## Week 1

### MONDAY
- Buffalo Chicken Wrap
- Celery and Carrot Sticks
- Low Fat Ranch Dip
- Cheddar Goldfish Crackers
- Apple Slices
- Pudding Cup

### TUESDAY
- Turkey and Cheese on Whole Grain Roll
- Mayo and Mustard Packet
- Carrot Sticks with Low Fat Ranch Dip
- Pretzels
- Orange Slices
- Brownie

### WEDNESDAY
- Chef Salad with Chicken
- Low Fat Italian Dressing
- Cheese Stick
- Whole Grain Dinner Roll
- Apple Sauce Cup
- Chocolate Chip Cookie Treat

### THURSDAY
- Italian Combo Grinder (salami/ham/pepperoni)
- Lettuce & Tomato
- Mayo and Mustard Packet
- Baked Tortilla Chips
- Grapes
- Whole Grain Animal Crackers

### FRIDAY
- Cold Chicken Tenders
- BBQ Sauce Cup
- Whole Grain Jamaican Sweet Roll
- Vegetable Sticks with Low Fat Ranch Dip
- Peach
- Elf Grahams

## Week 2

### MONDAY
- Turkey & Cheese Whole Grain Roll
- Lettuce & Tomato
- Mayo and Mustard Packet
- Baked Tortilla Chips
- Apple Slices
- Brownie

### TUESDAY
- Grilled Chicken Caesar Wrap
- Carrots and Celery Sticks
- Low Fat Ranch Dip
- Popcorn
- Banana
- Giant Chocolate Goldfish Graham Cookie

### WEDNESDAY
- Ham & Cheese on Pretzel Roll
- Mayo and Mustard Packet
- Carrot Sticks and Low Fat Ranch Dip
- Baked Potato Chips
- Watermelon Wedge
- Chocolate Chip Cookie Treat

### THURSDAY
- Turkey Club Grinder
- Lettuce, Tomato and Turkey Bacon
- Mayo and Mustard Packet
- Pretzel Goldfish Crackers
- Strawberries
- Keebler Cinnamon Bug Bites

### FRIDAY
- Cold Chicken Tenders
- BBQ Sauce Cup
- Cheese Stick
- Low Fat Corn Muffin
- Vegetable Sticks with Low Fat Ranch Dip
- Blueberries
- Pudding Cup